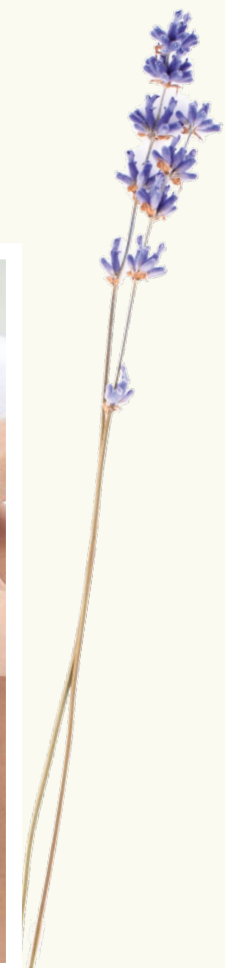


# Spa Brochure

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*Fermain Valley*  
TREE HOUSE SPA







## Spa Experiences

### Treatment and Afternoon Tea Treat\*

Choose a 55 minute treatment from a selection of the six options below, plus enjoy afternoon tea in the Valley Tea Rooms.

Face & Body Combo Treatment

Dermalux Light Therapy Facial

Environ Essential Facial

Comfort Zone Luxury Facial

Tree House Manicure with heated mitts

Tree House Pedicure

### £99 per person

\*Please note that use of the pool and heat facilities are not included with this package.



## Facials

Whether you are looking for glowing skin for a special occasion or you need a complete skin overhaul, below are a selection of the most pioneering facial techniques and relaxing treatments offering the most impressive results.

### Touch Facials

ELEMIS treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

### Anti-Ageing Facials

#### **ELEMIS Pro- GLOW Genius Facial**

##### YOUR LINE-FIGHTING SUPERHERO FACIAL

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin.

Powered by our ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking. An unsurpassed, line-fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment

**70 minutes - £107**

#### **ELEMIS Pro-GLOW Smooth Facial**

##### THE HIIT WORKOUT FOR YOUR SKIN

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the pro collagen products used will leave your complexion looking firmer, supremely smooth and rejuvenated.

**55 minutes - £85**

### Skin Specific/Prescriptive Facials

#### **ELEMIS Pro-Glow Brilliance Facial**

##### YOUR RECIPE FOR RADIANCE

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

**55 minutes - £85**

#### **ELEMIS Pro-Glow Resurface Facial**

##### RESURFACING FOR STUNNINGLY SMOOTH SKIN

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed.

**55 minutes - £85**

#### **Elemis Pro Glow Express Facial**

For a powerful skin recharge, this facial will bring back the glow to tired, dull and lifeless complexions. For skin in need of a super saturating moisture boost, this thirst-quenching facial is perfect.

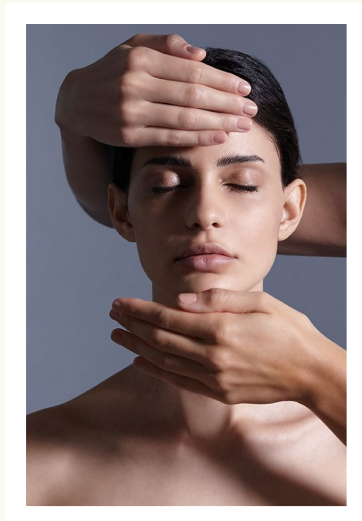
**25 minutes - £55**



## Facials

### **ENVIRON Essential Facials**

Environ's pioneering dual electro-sonic technology sets the benchmark for professional skin care treatments. Low-frequency sonophoresis together with pulsed iontophoresis in combination with Environ's professional skin care products, help deliver more of what skin needs where it needs it most - making a real lasting difference to your skin, for life. Environ do not test on animals and are cruelty-free however please inform us if you would like only vegan friendly products to be used during your facial.



### **ENVIRON Essential Moisture Boost Facial**

Helps reduce the appearance of fine lines caused by dehydration and increases the plumpness of the deeper layers of the skin. Hyaluronic Acid is the hero ingredient, promoting moisturised, glowing-looking skin.

**85 minutes - £130 | 55 minutes - £85**

### **ENVIRON Essential Comfort Calm Facial**

Ideal for sensitive, irritated skin. A powerful combination of smart ingredients, leaving the skin feeling soothed with a healthy radiance.

**85 minutes - £130 | 55 minutes - £85**

### **ENVIRON Essential Radiance Reveal Facial**

A targeted solution for sun-damaged or pigmented skin. Boosting the skin with the correct combination of ingredients results in flawless, radiant-looking skin.

**85 minutes - £130 | 55 minutes - £85**







## Body Treatments

### Tree House Spa - Signature Combo Treatment

Unwind with our favourite treatment. The Tree House treatment consists of back brushing, back scrub, back massage and a fully personalised facial.

**85 minutes - £130**

## Heat Treatments

### Lava Shell Relax Massage

This massage offers an idyllic treatment combining the warmth of the shells with deeply relaxing massage techniques, creating a sense of balance to the entire body and mind.

**55 minutes - £95**

### Lava Shell Relax Back Massage

The warmth of the Lava Shells allows deep relaxation in this bespoke back massage treatment. The shells glide over the back to warm and relax muscles.

**25 minutes - £65**



## Massage

### Full Body, Face and Scalp Massage

A traditional massage designed to ease tension, relieve stress and promote a general state of well being. Includes a face and scalp massage.

**70 minutes - £107**

### Elemis Freestyle Deep Tissue Massage

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

**55 minutes - £85**

**25 minutes - £55**

### Traditional Full Body Massage

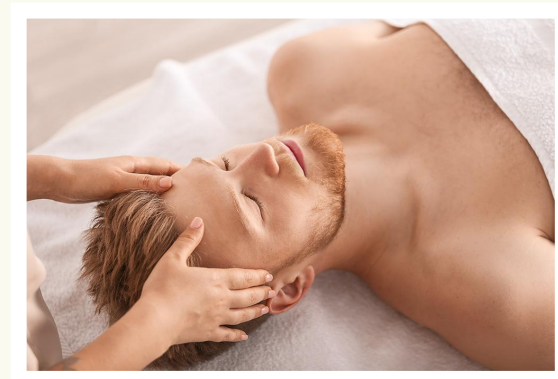
A traditional massage designed to ease tension, relieve stress and promote a general state of well being

**55 minutes - £85**

### Traditional Back, Neck & Shoulder Massage

A deeply therapeutic massage focusing on the aches and pains of the back and eliminating tension knots in the shoulders.

**25 minutes - £55**



## Dermalux Led Light Therapy Facials

Dermalux LED phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skin's natural rejuvenation and repair processes without pain or downtime.

### Personalised Facial with Dermalux LED Light Therapy

**55 minutes - £85**

**Course of 6 treatments (55 minutes) - £464**

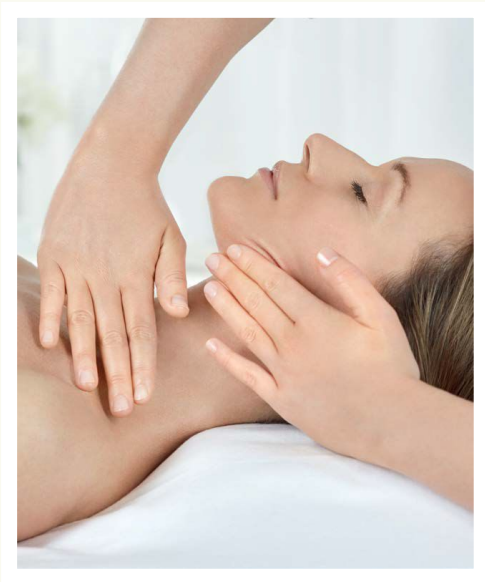
**Course of 10 treatments (55 minutes) - £739**

### Dermalux LED Light Therapy Only

**30 minutes - £55**

**Course of 6 treatments (30 minutes) - £300**

**Course of 10 treatments (30 minutes) - £478**



## Pregnancy

### Pregnancy Massage

Take some time for yourself before your baby arrives and enjoy a luxurious full body massage, using only organic massage oils suitable for pregnancy.

**55 minutes - £85**

*Suitable for all mothers-to-be from 13 weeks of pregnancy.*







## Combination Treatments

### **The Tree House Spa - Full Body Massage & Luxury Facial Combo Treatment**

This treatment includes a deeply relaxing and stress melting back, neck and shoulder massage followed by a luxury facial individually tailored to your own skin needs leaving your skin hydrated, visibility bright and smooth. Our luxury facial includes: cleanse, tone, facial massage, exfoliation and mask.

**115 minutes - £155**

### **Tree House Spa - Signature Combo Treatment**

Unwind with our favourite treatment. The Tree House treatment consists of back brushing, back scrub, back massage and a fully personalised facial.

**85 minutes - £130**

### **The Tree House Spa - Luxury Facial & Back, Neck, Shoulder Massage Combo Treatment**

This treatment includes a deeply relaxing and stress melting back, neck and shoulder massage followed by a luxury facial individually tailored to your own skin needs leaving your skin hydrated, visibly bright and smooth. Our luxury facial includes: cleanse, tone, facial massage, exfoliation and mask.

**85 minutes - £130**

### **The Tree House Spa - Full Body Massage & Express Facial Combo Treatment**

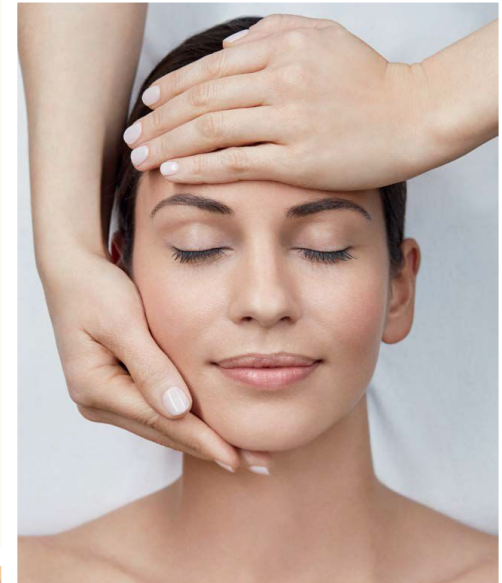
This treatment includes a relaxing full body massage which will be focused on the areas where you are suffering from aches, pains and tensions followed by an invigorating prescriptive facial to include a cleanse, tone, exfoliation and mask leaving your skin glowing and hydrated.

**85 minutes - £130**

### **The Tree House Spa - Face & Body Combo Treatment**

The perfect pick me up facial which includes a cleanse, tone, exfoliation and mask combined with a classic neck, back and shoulder massage. This massage incorporates traditional techniques to help relieve muscular tension in common stress-prone areas.

**55 minutes - £85**





## Hands & Feet

### Tree House Classic Pedicure

A pedicure including hard skin removal, skin softening exfoliation and relaxing foot and leg massage make this pedicure the perfect pick me up for your feet. This treatment includes a shape and polish of the toenails, with a beautiful colour of your choice. Please bring open toe shoes to wear after your pedicure.

**55 minutes - £55**

### Tree House Classic Manicure

A manicure includes shaping of the nail, cuticle maintenance, hand exfoliation and a relaxing hand and arm massage then to finish a polish is applied. This treatment includes a shape and polish of the fingernails, with a beautiful colour of your choice.

**40 minutes - £50**

### Upgrade with Luxury Hand/Foot Mask with Heated Mitts/Booties

Great for very dry, cracked hands or feet in need of some extra TLC

Luxury Pedicure - Hydrating Hand Mask with Heated Mitts

Luxury Pedicure - Hydrating Foot Mask with Heated Booties .

**ADD 15 minutes - £20**

### Varnish Only

For those looking for a professional varnish.

(Nail preparation must be completed pre-appointment).

**15 minutes - £20**

*Please bring open toe shoes to wear after your pedicure.*

## Gel Nails

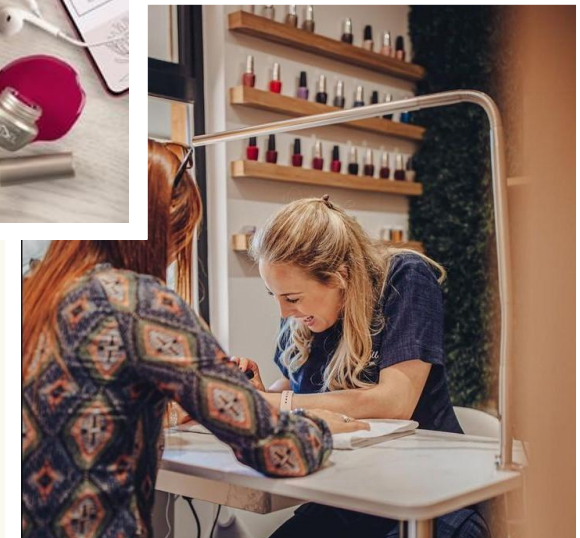
Bio sculpture gel is a bespoke treatment to help the natural nail stay healthy and encourages nail growth. Our gel manicures last for up to 3 weeks and maintain the high gloss shine. Bio Sculpture products are completely vegan and cruelty free.

**Gel Pedicure 55 minutes - £60**

**Gel Manicure 55 minutes - £55**

**Gel Removal 25 minutes - £20**

*\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we recommend that you call the spa direct prior to making a booking.*



**Eyes**

<b>Eyelash Tint, Eyebrow Tint &amp; Shape</b>	<b>40 minutes - £40</b>
<b>Eyelash and Eyebrow Tint</b>	<b>25 minutes - £30</b>
<b>Eyelash Tint</b>	<b>25 minutes - £25</b>
<b>Eyebrow Tint &amp; Shape</b>	<b>25 minutes - £25</b>
<b>Eyebrow Tint</b>	<b>10 minutes - £15</b>

*Please note that patch tests are required for tinting and LVL treatments a minimum of 24 hrs before your appointment. All of our brow and lash treatments are completely vegan and cruelty-free.*

**Waxing**

<b>Full Leg</b>	30 minutes - £35
<b>Brazilian/Hollywood</b>	30 minutes - £35
<b>Chest</b>	30 minutes - £35
<b>Back</b>	30 minutes - £35
<b>Half Leg</b>	25 minutes - £30
<b>Full Arm</b>	25 minutes - £30
<b>Forearm</b>	15 minutes - £25
<b>Upper Lip and Chin</b>	15 minutes - £25
<b>Chin</b>	10 minutes - £15
<b>Under Arm</b>	10 minutes - £15
<b>Bikini</b>	10 minutes - £15
<b>Eyebrows</b>	10 minutes - £15
<b>Upper Lip</b>	10 minutes - £15



## Get in touch

To book please either;

Visit our website

[handpicked.co.uk/fermainvalley](http://handpicked.co.uk/fermainvalley)

[handpickedhotels.co.uk/fermainvalley/spa](http://handpickedhotels.co.uk/fermainvalley/spa)

Call

01481235666 OR 01642706606

Email

[enquiries@handpicked.co.uk](mailto:enquiries@handpicked.co.uk) OR [spa.fermain@handpicked.co.uk](mailto:spa.fermain@handpicked.co.uk)

Terms and conditions

Please visit our website for further information on spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy.

[handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

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*Fermain Valley*

TREE HOUSE SPA

